# City of Portsmouth A.C.

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2006

# Victory 5 Road Race

# Sunday 3 December 2006

Under UK A Rules SEAA Permit Applied for Certified Course-Certificate No. SEAA03/140

## Start 1.30 pm at the Mountbatten Centre, Portsmouth

**A flat, fast & traffic free course, starting & finishing on the athletic track**

**Race Limit of 1200** **The course is not suitable for wheelchairs**

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| Computerised Results | Accurate km markers | Free Parking |
| Post Race Drinks | Excellent Changing Facilities | Refreshments |
| T Shirts available | Pre & post race massage | Videos of prior races |

Race Records Rob Denmark (Basildon) 22m 44s Nnenna Lynch (USA) 25m.35s

2005 Winners Angus MacLean 23m 45s Jade Wright 27m.30s

## Voted the No.1 5 mile road race in recent years

Extensive prize list Over £2000 in prizes plus spot prizes

Men

Ist 10 finishers, 1st 3 Over40 & 45, 50; Ist 2 Over 55; Ist Over 60 & 70,

Ladies.

1st 6 finishers, 1st 3 Over 35 & 40, 1st 2 Over 45 & 50; 1st Over 55 & 60

Teams

1st 3 Male (4 to score); 1st Male Masters, 1st 3 Ladies, 1st Lady Masters (3 to score)

**Bonus of £100 for a Men's or Ladies Race Record**

### Entry Form for the 2006 Victory 5 Road Race

Information supplied on this Entry Form will only be used as permitted by the Data Protection Act

**First Name** _____ **Surname** _____ **Male/Female** ☐

**Address** _____ **Age on race day** _____

**Post Code** _____ **Date of Birth** _____ **Telephone No.** _____

**e-mail** _____ **Athletic Club** _____

**Entry Fee Members of an affiliated Club £7.00 Unattached £9.00**

Entries to be made under the athletes 'First Claim' UKA affiliated club and posted with the entry fee to Gerry North, The Old Rectory Cottage, Elsted, Midhurst, West Sussex GU29 0JY to arrive not later than 28 November 2006. Cheques to be made payable to City of Portsmouth A.C. SAE not necessary

I declare that I am medically fit to run and an amateur as defined by the rules governing this event.
I will abide by the UKA rules and will not hold the organisers or sponsors responsible for any injury, illness or accident to my person or loss of property resulting from my participation in this event.
In the event of cancellation due to any reason beyond the race organiser's control, the entry fee may not be returned.

**Signature** _____ **Date** _____

**Race No.**