



City of Portsmouth A.C.

2010



Victory 5 Road Race

plus A 2km Fun Run for all ages

Sunday 19 September 2010

A BARR Event under UKA Rules & a Certified Course

Fun Run - 12 noon Victory 5 - 1.30 pm - Mountbatten Centre

A flat, fast & traffic free course, starting & finishing on the athletic track

Race Limit of 1200

The course is not suitable for wheelchairs

Computerised Results

Accurate km markers

Free Parking

Post Race Drinks

Excellent Changing Facilities

Refreshments

T Shirts available

Pre & post race massage

Videos of prior races

Race Records Rob Denmark (Basildon) 22m 44s

Nnenna Lynch (USA) 25m.35s

2009 Winners Williard Chinhañhu 24m 36s

Caroline Hoyte 27m 06s



Voted the No.1 5 mile road race in recent years

Extensive prize list for Victory 5

Over £2500 in prizes plus spot prizes

Male: 1st 10 finishers, 1st 3 M40, 1st 2 M45 & M50; 1st M55; 1st M60, M65 & M70

Female: 1st 10 finishers, 1st 3 W40, 1st 2 W45 & W50; 1st W55, W60, W65 & W70

Teams: 1st 3 Male (4 to score); 1st Male Masters, 1st 3 Female, 1st Female Masters (3 to score)

Medals to all finishers

Bonus of £200 for a Victory 5 Race Record

Trophies for 9-15 years age group category winners in the Fun Run & medals for all finishers



Member Event

Use our Fast-Track Entry ~ Save time, money & paper

Advise us of your details by e mailing sport@acacia-active.co.uk or via www.acacia-active.co.uk

We will issue you with a Unique Reference to quote when entering races. Pay by your preferred method ~
Cheque, PO, Electronic Bank Transfer, PayPal, Credit or Debit Card.

If you prefer a conventional entry, complete the Entry Form below or enter on line at www.runnersworld.co.uk

2009 Victory 5 Mile Road Race

Junior Fun Run

Tick as appropriate

Information supplied on this Entry Form will only be used as permitted by the Data Protection Act

First Name _____ **Surname** _____ **Male/Female** _____

Address _____

Post Code _____ **Date of Birth** _____ **Age on race day** _____

e-mail _____ **Telephone No.** _____

Athletic Club/School _____ **Expected Finishing Time (5mile)** _____

Victory 5 – Affiliated Runners £9.00 Unattached Runners £11.00 Fun Run £4

Entries on the day, subject to an additional £1, will be taken for the Victory 5 if the entry limit is not reached

Entries for the Victory 5 to be made under the athletes 'First Claim' UKA affiliated club. Victory 5 and Fun Run entries to be posted with the entry fee to Gerry North, 304 Twyford Avenue, Stamshaw, Portsmouth PO2 8NT to arrive not later than 14 September 2010. **Cheques to be made payable to Athletic Events.** SAE not necessary. Entry Fees are not refundable.

I declare that I am medically fit to run and an amateur as defined by the rules governing this event.

I will abide by the UKA rules and will not hold the organisers or sponsors responsible for any injury, illness or accident to my person or loss of property resulting from my participation in this event. The minimum age for entry in the Victory 5 is 15 years on the day of the race.

In the event of cancellation due to any reason beyond the race organiser's control, the entry fee may not be returned.

Signature _____ **Licence No (if applicable)** _____ **Date** _____

The signature of the Parent or Guardian is required for Fun Run entrants under 16 years on 19 September 2010

For further details visit www.portsmouthathletic.co.uk or email events@portsmouthathletic.co.uk

Runners wishing to enter 'on line', visit www.runnersworld.co.uk or join the Fast-Track Entry

Please note that an administration charge is made for 'on line' entries

Race No.