



SOUTHAMPTON RUNNING CLUB

And Official Race Partner

Just Run
PRESENT

“THE RUN IN THE PARK 10km”
A HAMPSHIRE ROAD RACE LEAGUE RACE

Permit No 2009-100155

SUNDAY 16th MAY 2010 START 10-30AM

RACE TO BE HELD IN THE PICTURESQUE GROUNDS OF
“ROYAL VICTORIA COUNTRY PARK NETLEY”
ON TRAFFIC FREE ROADS WITHIN THE PARK
FEE’S £10-00 affiliated runners, £12-00 unattached
Fee includes parking charges
Entry on day if race limit not reached 2.00 extra

PRIZES IN THE FOLLOWING CATEGORIES:-SENIOR MEN & WOMEN. TEAMS (3 TO SCORE)
VETERANS MEN & WOMEN’S TO VET 60. **TEAM PRIZES** (3 TO SCORE)
ALL PRIZES ARE SUBJECT TO ENTRY LEVELS. “FULL LIST ON THE DAY”

CLOSING DATE: - FRIDAY 7th MAY or when race limit of 550 reached

PLEASE COMPLETE FORM AND SEND TO ADDRESS BELOW WITH THE CORRECT FEE

CHEQUES SHOULD BE MADE PAYABLE TO SOUTHAMPTON RUNNING CLUB
Send entries to : Race Director 42 Flexford Close Chandlers Ford, Eastleigh, Hampshire SO53 5RZ
E-Mail :- runinthepark@southamptonrc.org.uk Web entry form on www.southamptonrc.org.uk
Online entry available at www.runnersworld.co.uk/events

Surname [_____] First Name [_____]

Address [_____]

[_____]

[_____]

Birth Date [___/___/___] Age on date of race [___] Sex [___]

1st Claim Club (if applicable) [_____]

I agree to abide by the rules of UK Athletics. I understand I enter the race at my own risk and that no person(s) or organisation(s) will be held responsible for any accident or loss to myself, prior to, during or after the event.
I understand the organisers reserve the right to alter arrangements/conditions should circumstances require.
I confirm that I am an amateur as defined by UKA Rules. Personal information provided will be dealt with in accordance with Data Protection Act.

Signature.....**Date**